

October 26, 2021

We are so thankful for the National Family Caregiver Support Program (NFCSP) funds that have been granted to us through the ADRC as well as the overall help and guidance the ADRC family has given us. These resources were critically important to me as I dealt with the difficulties surrounding my father's passing and the transition to my brothers and I caring for our mother as we all struggled with her memory issues. The funds were first used for me to attend the Powerful Tools for Caregivers class and to purchase some practical technological tools to better manage her meds and day to day activities in the house. The Caregivers class gave me a much better understanding of the behavioral symptoms of dementia and how to best respond and react to my mother. This has been beneficial for me as well as my mother.

*Most importantly, the financial support from the NFCSP has provided our mom with the opportunity to spend time at **Curative Connections**, which has been a lifesaver for both her and our family. I was awake the whole night before I took her to tour the facility, worrying about her reaction and thinking she was not going to be at all interested in attending. When we ended the tour and left the facility, she gave me a big hug and said "Thank you for doing this. I feel for the first time in a long time that I have a purpose for the day."*

She loves spending time with new friends, the staff and keeping herself busy. It makes my brothers and I feel good to see her so excited about her day and looking forward to going to Curative Connections. This takes so much stress and pressure off us: we don't have to worry about her safety throughout the day, wonder if she has had lunch or whether she is just sitting by herself being lonely and depressed. It also allows my brothers and me to better manage our own careers and families, giving us more quality time with her when she is home.

We thank you so much,

Family testimonial